

BEFORE YOUR SURGERY



Have nothing to eat or drink after midnight.

This includes water!

Medications will be reviewed on an individual basis.



Have enough soft foods such as soups, ice cream, soft pasta, mashed potatoes, and juice on hand for the first few days.



A parent, legal guardian, or power of attorney must accompany minors or those unable to consent for procedures. Please send appropriate documents prior to your surgery day.



If you are sick within 2 weeks before your procedure, please contact our office at least 48 hours before your procedure.



Remove all fingernail polish and acrylic nails.



Remove all piercings.



Leave all jewelry and valuables at home.



Wear a shirt with loose fitting or short sleeves.



Someone must accompany you the day of surgery to:

- Remain in our office during your procedure
- Drive you home
- Care for you initially at home for 3-4 hours



Remember to bring an umbrella for after surgery.



If you have any questions prior to your surgery, please call our office at (850) 523-3000.

Bring your inhaler

Take the following with a small sip of water at least 2 hours before your procedure:
